

Scrutiny Board (Adult Social Care)

Scrutiny Board Inquiry: Supporting Working Age Adults with Severe and Enduring Mental Health Problems Working Group Meeting: 15th December 2009

Present **Members**
 Cllr Sue Bentley – Chair (SB)
 Cllr Clive Fox (CF)
 Cllr John Illingworth (JI)
 Eddie Mack (co-opted member) (EM)
Leeds Partnership NHS Foundation Trust
 Lynn Parkinson – (LP)
 Linda Boyles – Arts and Minds (LB)
 Victoria Betton – Time to Change(VB)
NHS Leeds
 Jane Williams – (JW)
Officers
 Kimberley Adams – Business Change Manager (KA)
 John Lennon – Chief Officer, Access and Inclusion (JL)
 Ruth Steinberg – ASC Strategy and Performance (RS)
 Sandra Newbould – Principal Scrutiny Advisor (SN)

Apologies Sally Morgan (co-opted member)
 Cllr Judith Chapman
 Joy Fisher (co-opted member)

No.	Item	Action
1	<p>Attendance</p> <p>The attendance and apologies as above were noted.</p> <p>The Chair welcomed everyone to the meeting.</p>	
2	<p>Minutes of Previous Meeting</p> <p>Agreed</p>	
3	<p>Matters Arising</p> <p>Page 11 – Item 3 The integrated services action plan. JL advised that the plan still had to be signed off and would be provided to the group at the January meeting.</p>	JL
4	<p>Arts and Minds</p> <p>Arts and minds presented a short film to the working group which demonstrated the objectives of the network and how beneficial it is to those who participate.</p>	
5	<p>Time to Change</p> <p>The group received a presentation which highlighted the main aims of the Time to Change campaign.</p>	

	<p>This also highlighted the sources of stigma associated with mental health issues and the work conducted in Leeds during 2009 which included building partnership groups across the city, delivering the campaign through workplaces and distributing time to change information and training to local businesses.</p> <p>The campaign has also funded 24 places on a mental health first aid course. This trains people to recognise the early signs and symptoms of mental health problems and explains how to offer practical help to those in distress.</p> <p>The group also discussed the Mindful Employer Campaign.</p> <p>Questions Arising:</p> <ul style="list-style-type: none"> • Is Leeds City Council a mindful employer, do we lead by example? <p>The answer to this was not known. SN to obtain information. NHS Leeds advised that they have not yet signed up yet and need to 'get their own house in order'. The group felt that this would be a positive step to assisting employees back to work rather than loosing skilled workforce and incurring recruitment costs.</p>	SN
6	<p>Recovery Model</p> <p>A report detailing the recovery model was presented to the working group. This highlighted that mental health services must remove barriers and boundaries that stand in the way of change and that services should go beyond traditional clinical care.</p> <p>To reduce negative outcomes the group was advised in greater detail of the Assertive Outreach Team and the client base they support. A representative from this team will be joining the Self Directed Support Team to ascertain if their clients would benefit by having personal budgets although it is anticipated there could be money management issues.</p> <p>The approach to assessment has changed significantly due to the 'i3 mental health day service modernisation project' which has created a more person centred approach, considering outcomes rather than services available.</p> <p>Questions arising:</p> <ul style="list-style-type: none"> • Are GP's required to provide any direct support via their surgeries? • Is there more collaborative work planned between the local authority and the NHS? 	

	<ul style="list-style-type: none"> • What happens when a person is discharged? • Is anything in place to support temporary/emergency accommodation particularly for those who are homeless, and how do we work to get them into settled accommodation? • Have any other cities entered the Sainsbury Centres of Excellence Programme? • With regard to para 2.10, how do we measure public attitude? • Are we doing enough in Leeds and how do we perform? <p>In response the group were advised that G.P.'s generally provide support by signposting people to primary care.</p> <p>In accordance with Public Service Agreement 16 there is a joint responsibility to increase the proportion of socially excluded adults in settled accommodation and employment education or training. Work is being undertaken by the Yorkshire and Humber partnership to support the delivery of this and a collective bid for funding will be made.</p> <p>Planning for discharge commences upon admission to ensure a comprehensive support package is in place before an individual leaves hospital. Part of the process is to seek accommodation support prior to discharge. Leeds City Council and other voluntary organisations provide temporary/emergency accommodation. Those who habitually live on the streets provide a different set of issues. A team is in place to provide direct support which may include transitioning the individual to an individual tenancy via shared/group accommodation.</p> <p>Other authorities have entered the Sainsbury Centres of Excellence Programme. Further information about this programme will be provided at the next meeting.</p> <p>Public opinion is measured by public survey.</p> <p>The biggest challenge for the city is the change attitudes rather than focus on entry into the system. We need to encourage people to remain connected to work, family and friends and not fall into circles of purely mental health services. Attitudes of staff also need to develop further so that a better service could be provided with resources already available.</p>	
7	<p>Further Action</p> <p>Session 4 - During the forth session of the inquiry the working group will examine:</p> <ul style="list-style-type: none"> • Department of Health - New Horizons, Towards a shared vision for mental health. • Current and planned service changes (directed nationally or locally) and how this will impact on service provision. <p>Report Deadline for Officers – 7th January 2010</p>	

7	Future Meeting Dates <ul style="list-style-type: none"><li data-bbox="325 264 884 297">• 14th January 2010 – 10am - 12am	SN
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